

BAR **BQ** CAFE

BREAKFASTS



START YOUR DAY AT BQ!

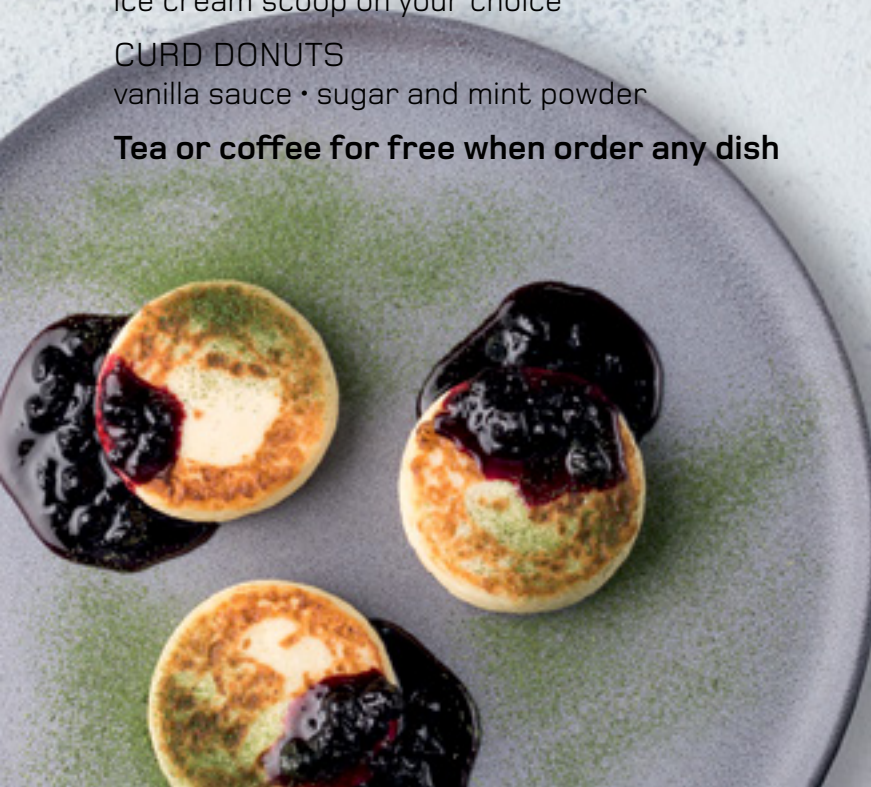


## BREAKFASTS

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AMERICAN BREAKFAST sausages / bacon	360
FRIED EGG WITH KENYAN BEANS AND BRUSCHETTA WITH AVOCADO	320
THREE SCRAMBLED EGGS WITH TAMBOV HAM spinach • tomatoes • cheddar cheese	350
BEEFSTEAK WITH SPINACH AND EGG	480
EGG BENEDICT WITH SMOKED SALMON spinach • hollandaise sauce • black toast	430
EGG BENEDICT WITH TAMBOV HAM spinach • hollandaise sauce • black toast	380
MILLET PORRIDGE WITH FRESH BERRIES strawberry • blueberry • lavender honey	250
OATMEAL WITH FRESH BERRIES strawberry • blueberry • lavender honey	250
HOMEMADE SYRNIKI blueberry jam / sour cream	290
GREEN SALAD WITH AVOCADO, FLAX SEEDS AND SUN-DRIED CRANBERRIES tomatoes • sorrel • feta cheese • spinach • citrus dressing	360
PARFAIT WITH GRANOLA, ALMONDS AND BLUEBERRY JAM greek yogurt	210
COTTAGE CHEESE WITH GRANOLA, STRAWBERRIES AND BITTER CHOCOLATE lavender honey / blueberry jam	260
BELGIAN WAFFLES salted caramel • strawberry • blueberry • ice cream scoop on your choice	330
CURD DONUTS vanilla sauce • sugar and mint powder	240

**Tea or coffee for free when order any dish**



Homemade syrniki



Millet porridge with fresh berries



## DRINKS/BEVEREGES

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ESPRESSO	40ml/	<b>80</b>
DOUBLE ESPRESSO	80ml/	<b>100</b>
AMERICAN COFFEE	170ml/	<b>80</b>
CAPPUCINO	170ml/	<b>100</b>
DOUBLE CAPPUCINO	250ml/	<b>130</b>
LATTE	200ml/	<b>100</b>
TEA BAG	250ml/	<b>70</b>
Assam / Sencha / Oolong / Herb		
FRESH ORANGE JUICE	200ml/	<b>110</b>
FRESH GRAPEFRUIT JUICE	200ml/	<b>110</b>
FRESH APPLE JUICE	200ml/	<b>110</b>
FRESH CARROT JUICE	200ml/	<b>110</b>
BLACK CURRANT SMOOTHIE	250ml/	<b>180</b>
low-calorie yogurt • milk 3,2% • banana • black currant • blossom honey		
SMOOTHIE WITH RASPBERRY AND PORRIDGE OAT	250ml/	<b>180</b>
low-calorie yogurt • milk 3,2% • banana • raspberry • porridge oat • blossom honey		

## EXTRA INGREDIENTS ON YOUR CHOICE

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TOMATOES	20g/	<b>60</b>	SWEET PEPPER	30g/	<b>60</b>
CHEDDAR CHEESE	20g/	<b>60</b>	STRAWBERRY	20g/	<b>80</b>
SMOKED SALMON	30g/	<b>100</b>	BLUEBERRY	20g/	<b>80</b>
SPINACH	20g/	<b>60</b>	SOUR CREAM	30g/	<b>60</b>
TAMBOV HAM	30g/	<b>80</b>	BLUEBERRY PRESERVE	30g/	<b>60</b>
MUSHROOMS	30g/	<b>60</b>	SALTED CARAMEL	30g/	<b>60</b>
HAM	30g/	<b>60</b>			